

BRIAN R CARR, DDS, MD
BOARD CERTIFIED ORAL & MAXILLOFACIAL SURGEON
950 Cass St Suite A
Monterey, CA 93940

PRE-OPERATIVE INSTRUCTIONS
BEFORE INTRAVENOUS ANESTHESIA

1. Do not have anything (besides water) to eat or drink for 8 hours before your appointment.
2. You must have a responsible adult to drive you home after surgery. **(Uber, Lyft, or Taxis are not an acceptable form of transportation)**
3. All personal items, such as jewelry, cell phones, wallets, and purses, need to be left with a responsible adult.
4. For all surgeries, please wear comfortable, loose-fitting clothing. Blouses/shirts should be short sleeves.
5. Contact lenses and any dentures must be removed during of surgery.
6. No make-up is to be worn on the day of surgery.
7. Colored nail polish should be removed before surgery.
8. Any acrylic/artificial nails should be no longer than the tip of the finger on the left index finger **prior to surgery** for the oxygen sensors.

Please contact the office if you have an illness such as a cold, cough, sore throat, or stomach upset. Plan to rest for the remainder of the day. Do not operate power tools, machinery, etc. for 24 hours after surgery.

Please call Monterey Peninsula Oral & Maxillofacial Surgery at
831-718-8140 if you have any questions or concerns before your surgery